

1 Find and circle eight words related to the body. (horizontal, vertical and diagonal, left to right)

J	O	I	N	T	G	N	U	M	D
L	I	N	H	A	L	E	A	R	N
T	E	P	O	S	W	I	Y	T	E
E	O	T	E	V	B	A	M	S	R
X	D	R	F	F	S	L	U	B	V
H	A	E	C	H	P	P	L	I	E
A	N	W	E	A	A	J	I	M	S
L	U	Y	V	R	E	N	V	N	S
O	M	C	H	O	K	E	D	U	E
L	B	U	H	I	N	T	H	D	B
H	O	K	N	P	O	O	R	Y	E
H	A	L	E	G	E	R	M	S	J

2 Circle the statements (T) True or (F) False.

- When you exhale you force air from your body. T / F
- Humans usually sweat when they do exercise. T / F
- If someone chokes it is usually due to germs. T / F
- When you inhale you breathe air into your joints. T / F
- If your feet are numb it means they are swollen. T / F
- We have four limbs known as hands and feet. T / F
- The spine is a row of bones down your back. T / F
- Humans have two lungs which are used to send blood around the body. T / F
- Our body carries thousands of germs which are types of bacteria or virus. T / F

3 Choose the correct options to complete the sentences.

- I have a really bad stomachache, so I need to go to bed and sleep it off / *sleep a wink*.
- Don't worry, it's nothing serious. He'll be as *right as rain* / *all in one piece* in a few days.
- I'm sorry, but I've got a *splitting headache* / *black out*. My head really hurts. Do you mind if I go home?
- You've had a number of illnesses recently and this is a *cause for concern* / *under the weather*.
- Jane looks rather *under the weather* / *dozed off*. Is she OK?
- I'm pleased to report your leg is *on the mend* / *right as rain*. Another week and we can remove the plaster cast.
- I'm glad to see you're *burnt out* / *all in one piece* after your bungee jump. It looked really dangerous!
- I'm exhausted. There were lots of mosquitoes last night so I couldn't *doze off* / *sleep a wink*.
- A: What happened? B: I'm not sure, but I think you *blackened out* / *freaked out* when you fell down.

4 Complete the sentences with the correct form of the verbs in brackets and any necessary prepositions.

- Do you have any idea why you might have blackened out this morning? (black)
- He should from the operation soon. (come)
- I don't feel very well today. I keep in a sweat and then feeling cold. (break)
- You must get enough rest, otherwise you will yourself (burn)
- This medicine will stop you in class. (doze)
- Stay away from me! I don't want you to your cold, thank you! (pass)
- I hate injections. I get very scared and sometimes I when I see the needle. (freak)
- You are in very good health which may explain how you were able to this illness. (fight)
- The patient was very ill and sadly she (pass)
- I feel a bit sick and I have a sore throat. I'm going to go to bed and it (sleep)

5 Complete the conversation with the words in the box.

as right as rain	blackened out	came round
cause for concern	inhale	lungs
sleep a wink	sleep it off	
splitting headaches	under the weather	

- Doctor:** Hello! What seems to be the problem?
- Tim:** I've been feeling a bit ¹ under the weather lately. I've had a few ² and I've felt sick. Then today while I was having lunch I ³ When I ⁴ my friends insisted I come here.
- Doctor:** OK, let's take a look. I'm going to listen to your heart. So, breathe in for me. Now, exhale. And ⁵ again. Well, that sounds fine and your ⁶ are clear. How have you been sleeping?
- Tim:** Not very well. I've got exams coming up, so I'm studying a lot and sometimes I can't ⁷
- Doctor:** Well, I don't think there's any ⁸ You might have a virus or you could just be suffering from stress. Either way, I recommend lots of rest and eating a healthy diet. I'm sure you'll be ⁹ soon.
- Tim:** Thank you. I'll go home now and see if I can ¹⁰

1

J	O	I	N	T	G	N	U	M	D
L	I	N	H	A	L	E	A	R	N
T	E	P	O	S	W	I	Y	T	E
E	O	T	E	V	B	A	M	S	R
X	D	R	F	F	S	L	U	B	V
H	A	E	C	H	P	P	L	I	E
A	N	W	E	A	A	J	I	M	S
L	U	Y	V	R	E	N	V	N	S
O	M	C	H	O	K	E	D	U	E
L	B	U	H	I	N	T	H	D	B
H	O	K	N	P	O	O	R	Y	E
H	A	L	E	G	E	R	M	S	J

joint, inhale, limb, nerves, numb, choked, hand, germs

2

- 2 T
- 3 F
- 4 F
- 5 F
- 6 F
- 7 T
- 8 F
- 9 T

3

- 2 as right as rain
- 3 splitting headache
- 4 cause for concern
- 5 under the weather
- 6 on the mend
- 7 all in one piece
- 8 sleep a wink
- 9 blacked out

4

- 2 come round
- 3 breaking out
- 4 burn yourself out
- 5 dozing off
- 6 pass on
- 7 freak out
- 8 fight off
- 9 passed away
- 10 sleep it off

5

- 2 splitting headaches
- 3 blacked out
- 4 came round
- 5 inhale
- 6 lungs
- 7 sleep a wink
- 8 cause for concern
- 9 as right as rain
- 10 sleep it off